





(1) 21st Janmotsav of H.H. Shri Laiji Maharaj was celebrated with great fervor and enthusiasm in Chicago (America) and on this pious occasion H.H. Shri Acharys Meharaj offering cake to H.H Shri Laiji Maharaj and H.H. Shri Raja. (2) H.H. Shri Acharya Maharaj performing Abhishek of Thakorji on the occasion of 20th Patotsav of Chicago (America) temple, H.H. Shri Laiji Maharaj alongwith the saints of I.S.S.O. and H.H. Shri Acharya Maharaj and H.H. Shri Laiji Maharaj granting divine Darshan in the Sabha. (3) Divine Darshan of Shree Hanumanji Maharaj on the occasion of 120th Patotsav in Biliye-Siddhpur temple.



Founded By H.H. Acharya Maharaj 1008 Shri Tejendraprasadji Maharajshri,

Shri Narnarayandev Diocese. Shri Swaminarayan Museum

Narayanpura, Ahmedabad-13. Phone: 27489597 • Fax: 27419597

H.H. Mota Maharajshri Phone : 27499597

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Pithadhipati H.H. 1008 Shri

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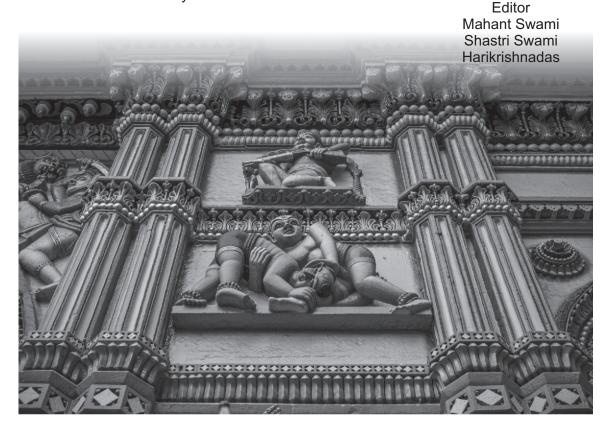




"One Nishkami is firm in his Vartmaan, he is not away from Bhagwan in this Lok or Parlok. And I also do not cherish less affection towards such a devotee. And I am here due to such firm Vartmaan of Nishkami Bhakta only. And though I may go thousand miles away, I am always very close to such an ardent devotee. And those who are no so firm in their Nishkami Vartmaan, I am lacs miles away from him, though he may appear very close to us. And I like to accept services from Nishkami Bhakta only." (Gadhda Middle Chapter – 33)

By accepting the divine message from this divine Vachnamrit, we should become firm in our Nishkami Vartmaan and Shree Hari would be very much happy with us and would accept services from us.

During the pious Shravan Maas all devotees availed the benefit of divine Hindola Darshan. There is a string of utsavs during the monsoon season. Bhadarva Sud-11 Jaljilani Ekadashi – procession of Shree Ganpatiji, Vijayadashmi – Dushera – Janmotsav of our H.H. Shri Acharya Maharaj etc. we should perform divine Darshan during all these Utsav and should ensure our Moksha and Kalyan.







## **Appointment Diary of** H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri

(AUGUST - 2018)

Graced Shree Swaminarayan temple, Chicago (America) on the occasion of Dwidasabdi (20th Patotsav).

Graced Shree Swaminarayan temple, Toronto (Canada) on the occasion of Dasabdi Mahotsav.

Bhumi Poojan Mahamahotsav of 'Devasya' in Georgia (America) in the pious company of Dharmkul.

Return after Vicharan for nourishment of Satsang.

### APPOINTMENT DIARY OF H.H. SHRI LALJI MAHARAJ

(AUGUST - 2018)

Graced Shree Swaminarayan temple, Chicago (America) on the occasion of Dwidasabdi (20th Patotsav).

Graced Shree Swaminarayan temple, Jackson Ville – Mississippi (America).

Graced Shree Swaminarayan temple, New Jersey and Colonia (America).

Bhumi Poojan Mahamahotsav of 'Devasya' in Georgia (America) in the pious company of Dharmkul.

Return after Vicharan for nourishment of Satsang.

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# Chhapanbhog



- Sadhu Purushottamprakashdas (Jetalpurdham)

In our Indian tradition of Utsav, Chhapanbhog is being offered to Thakorji in the temples on the pious day of NutanVarsh on Kartak Sud-1. It is necessary that, all the devotee may know about beginning of Utsav and Katha about selection of items of Chhapanbhog. By obtaining knowledge about this traditional Utsav, it celebration becomes more joyous. Utsav of Chhapanbhog is associated with one pious Moksha-dayak Katha. When we would know this story, we would not like to decrease or reduce any item from Chhapanbhog. Parabrahmha Parmatma Leel Purushottam Bhagwan Shree Krishna Mahaprabhu had been performing AnantBal-Leela while surrending to Bhakti of Baktas of Vraj and at that time Bhagwan performed Govarndhan-Leela and held GirirajGoverdhan with the last finger of His right hand. When SwargadhipatiIndra became were proud, Shree Hari stopped Indra-Yaag being performed by Vrajvasi and started performing poojan of GovardhanParvat. So the proud Indra became very angry and he instructed Meghraja to create flood upon the Vraj area with a mala fide intention of drowning the whole area into a flood and dragging everything to the sea. And Jal-tandav started upon Vrajvasis. Grasping the anger of Indra -Raja, all Vrajvasis sought shelter of Bhagwan Shree Balkrishna. At that time Shree Hari asked all Vrajvasis to perform pooja of GovardhanParvat and seek shelter and told that GovardhanParvat will certainly protect us all. Shree Hari and all Vrajvasis took all the household belongings went GovardhanParvat. At that AkhilBhuvanAdhipatiParabr ahmaParmatma performed Leela and lifted GovardhanParvatupto the height of twenty hands and protected all Vrajvasis. Gopigop, Gwalbal, gaya ,goval etc. started performing Stuti of Shree Hari looking at Bhagwan Shree Krishna. Meghraja poured rain heavily continuously for seven days. Simply by looking at Bhagwan Shree Krishna, the hunger and thirst of Vrajvasis were being satisfied and so the period of seven days passed very quickly. Realizing his mistake, Indra raia performed Mahabhishek of Shree Hari with the milk of Kamdhenu gay and begged pardon for his offence. Since that day, abhishek of Bhagwan is being performed • with milk and forgiveness is sought for the offences of all previous births and it is granted immediately. If one intends to see its example one may perform Darshan of this Katha of Indra raja. Since time immemorial abhishek of dudh is performed to Hari and Har.

Being deprived of rendering services of anna-

jala for seven days to Shree HariMahaprabhuji, Vrajvasis repented a lot and in order to get rid of this mistake committed through oversight all the Vrajvasis decided to perform Bhog for eight times to Shree HariBalkrishnaji from early morning till sayanaarti. Thus, if eight times offerings in a day are multiplied with seven days, the figure of Chhapan – fifty six would come. Vrajvasis offer four types of things to Shree Hari. They are (1) Ley (2) Chosya (3) Bhakshya and (4) Bhojya – Bhog prepared from Rasas of all these four types were prepared and offered to Shree Balkrishnaji at the residence of Nandraja on the pious day of KartakSudPratipada. And ShreejiMaharaj accepted this ChhapanBhog offered by Vrajvasis with ardent devotion. By accepting ChhapanBhog Shree Hari fulfilled the desire of offering Bhojan. And some of these Gopis had come in human forms in Vraj only to offer the meals to Shree Hari.

Tradition of offering ChhapanBhog to Shree Hari Who performed Leela of holding up GovardhanParvat for seven days is celebrated even today in the temples of all the villages. This is known as Annakutotsav. 'Anna' means 'grains' and 'kut' means group'. It may be twenty five-fifty or one hundred items in Annakut, it is known as ChhapanBhog only. During DeepawaliUtsav, on the pious day of Prakatyotsav of Bhagwan, Pran-pratistha andPatotsavChhapanBhog is offered. Selection of things for ChhapanBhog is found different in different States and regions. Ritual of performing pooja-sthapana of GovardhanParvat (made out of 'Bhat'

(cooked rice)) along with offering ChhapanBhog is also found in VaishnavSevaVidhi. AnnakutSwayamPaak which is prepared by the devotees themselves only is worthy to be offered to Thakorji. Meals of various types purchased from the market cannot be considered in the definition of ChhapanBhog or Annakut. Bhagwan looks at the feelings and not at the things of devotees. Only those things which are offered with true heart feelings are accepted by Bhagwan. There were ChhapanGopikas and all of them prepared one item each at their home with utmost devotion and affection and offered them to Shree Hari. Similarly haribhaktas in the village may prepare one or two items at their home and bring for offering them to Thakorji. In the temples of overseas countries, even today also tradition of preparing meals at home and bringing them at the temple for offering was started by H.H. ShriTejendraprasadjiMaharaj and these services are being rendered without any deviation even today. List of items of ChhapanBhog: Bundi, Motichur, Adadiya, ChokhanaLadu, Mag no Shiro, Mohanthal, Mesur, Barfi, Churmu, Penda, Shrikhand, Rabadi, Kajukatri, Rava no Shiro, lapsi, SakkarGujna, Biranj, Chandrakala, Gulabjambu, Keshar Penda, Khaili. Malpuva, Gangan, Sev, Sakkarpara, Chhas, Dahi, Ghee, Makhan, Puri, Rotli, Rotla, Papad, Chana Dal, Mag Dal, Tuver Dal, Khichdi, Bhat, Kathol, BatakaVada, Ganthiya, Mix Bhajiya, Kachori, Petis, Dahiyada, Rayatu, Jalebi, Patra, Khandyi, Khaman and Shak etc. etc.

New Address to send articles, news, photographs for 'Shree Swaminarayan' Magazine magazine@swaminarayan.in



# Worship Shree Hari

- Shastri Nirgundas (Ahmedabad)

कोकिलकवृतविहरति योऽक्षरेक्षरपदाक्षरम् क्तपतिः पुरुषविधो विधिविधिहरीश्वरमुख्यबुधाः। शिरसिवहन्ति ते समुदितं किल येन मुदा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥१॥ प्रकृतिमया गुणा न च भवन्ति हि यत्र हरी इति निगमागमा अपि वदन्ति च निर्गुणकम्। इति सगुणं गणैरपि युतं परिदव्यश्भेर्हिद तमजं भजे भवहरं हरिकृष्णमहम् ॥२॥ शमदमकौशलस्मृतितपोबलकान्तिभगश्रुत-शुचिसत्यतास्ववशतार्जवकीर्तिमुखाः॥ अपरिमिता गुणा ध्रुवतयात्र वसन्ति सदा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥३॥ प्रकृतिपराक्षरे बृहतिधामनि मुर्तिधरेनिंगमनिजाय्घैश्च निजपार्षदमुख्यगणै:। उरूय उपस्यतेऽपि रमया रमणीयतम्हिदि तमजं भजे भवहरं हरिकृष्णमहम् ॥४॥ निखिलभगैश्च योऽक्षरपदे दिवि देवगणैरखिलविभृतिभिर्विभवभूमिरुपास्यत ए। रतिपतिदर्पहारमणरम्यकरुपनिधिर्हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥५॥ विजितमनोभवा भुविभजन्ति च यं सततं शमदमसाधनैः प्रशमितेन्द्रियवाजिरयाः । प्रकटितमानुषाकृतिमिमे मुनिदेवगणा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥६॥ द्विजवृषसाधुगोमुनिगणानिवतुं भ्वि यो वृषभवने वृषादधृतजनिर्जनको जगताम्। प्रकृतिभुवामपि प्रशमितुं यदधर्मकुलं हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥७॥ ऋषिभिरभिष्ट्रतो नृपगणैर्नतपादतलः श्रुतिशिरसां गणैरुदितसूज्ज्वलकीर्तिरसौ। अतिकृतिभिः प्रगीत इति यः कविकोकिलकैर्हिद तमजं भजे भवहरं हरिकृष्णमहम् ॥८॥ ॥ इति योगानन्दम्निविरचितं भजनाष्ट्रकम् ॥

### SHREE SUJAMMARAYAM

There were learned Sanskrit Pandits and poets and experts in classical music among the Paramhamsas of Bhagwan Shree Swaminarayan. Yoganand Muni was an expert in all the three arts of music, Sanskrit literature and creating poems with an outstanding expertise. And therefore he has been honoured by Bhagwan Shree Swaminarayan as KokilKanth among all the poets and he has been offered garland taking it out from His neck. Here in this AshtakYoganand Muni has stated that to perform Bhakti of Bhagwan, to lead a religious and righteous life and to obtain Atyantik Moksha is the ultimate goal of life. And how to perform Bhajan of Parmeshwar is mentioned in this Ashtak.

कोकिलकवृतविहरति योऽक्षरेक्षरपदाक्षरमुक्तपतिः पुरुषविधो विधिविधिहरीश्वरमुख्यबुधाः ।

शिरसिवहन्ति ते समुदितं किल येन मुदा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥१॥

ParabrahmaParmatma Who always performs Vicharan in group of AksharMuktas in SadaSarvadaAkshar by incarnating divine Sakar human form, regulator Adhipati of Anantkoti Akshar Muktas Parabrahma Parmatma Sarvavatari Bhagwan Shree Krishna Purushottam Narayan performs Vicharan in this world alongwith five hundred Paramhamsas in order to help AnantJeev of this world to obtain the status of AkasharMukta. Brahmaji, Shivji and Vishnuji and other learned persons performpooja, archan, stuti, prarthna. Group of Shrutis of sing the importance of Parmeshwarand due to their Prarthna only the whole world remains happy in all respect. In order to remove the darkness of agyanlying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing

Vicharanin the form of human being in this Kalikaal. (1).

प्रकृतिमया गुणा न च भवन्ति हि यत्र हरौ इति निगमागमा अपि वदन्ति च निर्गुणकम् ।

इति सगुणं गणैरपि युतं परदिव्यशुभैईदि तमजं भजे भवहरं हरिकृष्णमहम् ॥२॥

Gunas emerging from Prakriti, MayikGujas which are SattvaGuna, RajoGuja and TamoGuja and its Vikaras are never found in Shree Hariincarnating divine Sakar human form as stated by the statements from Shrutis and Smritis of the Vedas and therefore only His Swaroop is described by the Vedas as devoid of any MayajanyaGuna-Swabhav. Despite being such Parmeshwar by incarnating in human form and Who is adorned with all benevolent Gunas and above AksharMuktas and His importance or His Swaroop cannot be comprehended even by AksharMuktas.In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (2).

शमदमकौशलस्मृतितपोबलकान्तिभगश्रुत-शुचिसत्यतास्ववशतार्जवकीर्तिमुखाः ॥ अपरिमिता गुणा ध्रुवतयात्र वसन्ति सदा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥३॥

By performing Vicharan in human form and remaining stable in the form of Bhagwan Shree Swaminarayan to subdue all Vikaras of Indriyas to perform Daman of all Indriyas, and to be expert in activating expertise and knowledge desire, desire to do and desire to know and to grant blessings upon the devotees always remembering the Past, the Present and the Future and not to allow the Indriyas to be

associated with Vishayas and to see and grant capacity in Bala - in Utpati, Sthiti and Pralay of this world and the duality of Kranti and Divine light wherein Sarjan, Visarjan and Sthithi of Sristi of Bhagwan are included and place of Utpatti of Gyan and Sadgunas, knowledge of Shrut which is found in the reading of the Vachans of all scriptures and creations of Vedas, Shuchi - which is always piously pure and by chanting its name one becomes pure and whose words and utterances when spoken become true and Who is equal and stable in His Mana, Karma and Vaani in Bhut, Bhavishya and Vartmaan and who keeps the whole world under His control but He is not under control of anybody. Aarjav – uniformity in maan, Vaani and Kriya, piety and softness.Kirti – who is respectable in the whole Brahmand and whose fame is sung by Vedas, Upanishads and the scriptures continuously. In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you Bhajan of Shree perform SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (3).

प्रकृतिपराक्षरे बृहतिधामनि मूर्तिधरेनिंगमनिजायुघैश्च निजपार्षदमख्यगणै: ।

उरूय उपस्यतेऽपि रमया रमणीयतमुईदि तमजं भजे भवहरं हरिकृष्णमहम् ॥४॥

One who is above Kaal, Maya and Prakriti and even Akshar cannot comprehend and describe Him completely and exhaustively Who always resides in His Brahmadham. Whose weapons such as Shankha, Chakra, Gada, Padma and accompanied by main Parshads, Sevaks as is described by Aagam and Nigam. That means Vedas, Upanishads and Smritis and the scriptures describe Him in this way. And His Upasana Bhakti by holding Stri-roop and SakshatLaxmiji has been cherishing divine SakarMuti in Her

Hriday-kamal. In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (4).

निखिलभगैश्च योऽक्षरपदे दिवि देवगणैरिखलविभूतिभिर्विभवभूमिरुपास्यत ए । रतिपतिदर्पहारमणरम्यकरुपनिधिर्हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥५॥

Who has been created through Svasankalp only and all Jeevas taking birth in the whole Brahmand, deities of Devlok and Swarglok and all VibhutiSwaroop perform upasana bhakti of Bhagwan performing vicharan on this earth in human form; who has adopted such a beautiful swaroop so that pride of SakshatKaamdev also gets destroyed and by performing innumerable divine and wonderful Leelas. In order to destroy the darkness of Agyan and in order to get rid of Maya and In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (5)

विजितमनोभवा भुविभजन्ति च यं सततं शमदमसाधनैः प्रशमितेन्द्रियवाजिरयाः ।

प्रकटितमानुषाकृतिमिमे मुनिदेवगणा हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥६॥

By taking human birth on this earth and by performing austere Tapascharya He has won and controlled His mind such great Yogis, Tapasvi Rishi Munis always perform Bhajan by winning over Indriyas which are eager to go towards their respective Vishayas. Such this human birth adopted

Bhagwan Shree Sahjanand Swami Shree Swaminarayan is being worshipped by Munis and deities and the persons desiring Purusharth. In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal (6).

द्विजवृषसाधुगोमुनिगणानिवतुं भुवि यो वृषभवने वृषादधृतजनिर्जनको जगताम् । प्रकृतिभुवामपि प्रशमितुं यदधर्मकुलं हृदि तमजं भजे भवहरं हरिकृष्णमहम् ॥७॥

All such Manushyas of Dwijati by tolerating Kastas of this Kaliyug thatmens by performing Sandhyavandan Karma Varna: Brahman, Kshatriya, Vaishya and Shudra and Ashram : Brahmcharyashram, Grihasthashram, Vanprasthashram and Sansyastashram. Dharma :Satya, Daya, Sauch, etc. Sadhus : Simple and straightforward life leaving persons. Mahatmas performing Sadhanas being desolate with this world and in protecting all such persons who has taken birth through Bhaktidevi at the house of VipraDharmdevHariprasad. Who has incarnated in order to destroy all MayikGunas born through Prakriti and all inner enemies such as Kaam, Krodh, Lobh etc. and to destroy Asatya, Himsa, Vyabhichar, Dushkarma, papachar of eating non-eatables and in order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (7).

ऋषिभिरभिष्ठुतो नृपगणैर्नतपादतलः श्रुतिशिरसां गणैरुदितसूज्ज्वलकीर्तिरसौ ।

अतिकृतिभिः प्रगीत इति यः कविकोकिलकेहीद तमजं भजे भवहरं हरिकृष्णमहम् ॥८॥

By taking human birth performing vicharan Shree Swaminarayan Bhagwan is being worshipped by great sages and Rishi-Munis and five hundred Paramhamsas. And a group of great kings wash whose lotus like feet and perform charan-vandan and the great poets sing His importance by creating beautiful poems and through Shlokas and Stutis the poets sing the significance of Bhagwan. Similarly I have been given the status of Kokil in all the poets by my IshtadevBhagwan Shree Swaminarayan only and I perform his Stuti through this creation. In order to remove the darkness of agyan lying in the heart of Jeev and to get rid of Bhavbandhan and to obtain Atyantik Moksha, Hey Jeev you perform Bhajan of Shree SwaminarayanBhagwan performing Vicharan in the form of human being in this Kalikaal. (8).

Shree Swaminarayan Temple, Kalupur Office Number Mo. No.: 82380 01666 WhatSapp No.: 99099 67104

# Blessings of H.H. ShriAcharyaMaharaj on the pious occasion of Guru Purnima

- Compiled by Gordhanbhai V. Sitapara (Hirawadi – Bapunagar)

Shree Swaminarayan temple, Kalupur, Ahmedabad – date 27/07/2018 : The place and the premises of Dev where we have got our seat, once SarvavatariSwaminarayanBhagwan has performed vicharan on this place, has performed Pratistha of Dev, has conducted Sabhas, has granted happiness and pleasure to the saints and devotees and has granted Kalyan. We all are sitting at this place. All of you have come because you know the importance of this place and so it is not necessary for me to give any preaching. Saints and devotees have come here to perform divine Darshan of Dev from the distance of 300 to 400 km. Guru Purnima is an occasion. Today in the morning while performing pooja, a thought came into the mind. Today it is Guru Purnima. It is said that Datatreya had made 24 Gurus. But according to me in stead of making Gurus, it is proper to see Gunas. Datatreva ignored Avagunas and looked at Gunas only! Some of them might be having some Avagunas also! But it is the truth that Datatreya taught us to see the Gunas only and to transform our life. There cannot be 24 Gurus, there can be only one Guru and He is sitting in front of us on that Throne! And therein lies our emancipation.

This place of Dev, these saints – these haribhaktas and our devotees sitting at the backside of this chawk, that Bhagat with turban appears to belong to Zalavad. If you come here, we can offer garland. Only the front line seaters get garlands, who cares to offer garland to the back-benchers. Called

one haribhakta wearing a Dhoti, and offered one Dhotiyu as Prasad and told that VanrajBhagat is also of Balol. And narrated one story about village Balol. Once an insect came out from the idol image of Shree Radhakrishnadev. The insect went away but Haribhaktas got together and decided to set things right through renovation. The devotees got together and came to me. A programme was organized just due to one insect and we got an opportunity to perform divine Darshan of the deities.

Nishtha and Sewa of Dev is the real basis of this Sampradaya. We are not fond of wearing garland and yet we have kept it around our neck because in each flower of the garland are hidden ardent service and affection of the devotees and when we place this garland at our residence, there is beautiful fragrance everywhere. This garland is made of 5000 flowers and such seven-eight garlands are being prepared by this Shastri Swami (Nirgundasji Swami) for the deities daily. It is a matter of faith! Who says that, bhajan is not being performed? Person uttering such words is a fool, and he needs to get himself cured. Devotees bring bucket and tumbler from their houses and clean the whole premises of this temple and makes it fragrant using beautiful spray. But there are no any expectations. I vividly remember that, one devotee used to apply the dust collected after cleaning the temple upon his forehead. This is called knowing the importance. When a devotee knows the importance of the dust of the feet of the

devotee, how ardently he would be cherishing the importance of Bhagwan in his life?

Even the smallest of the services when rendered for Bhagwan is a great thing in itself. Not only Ahmedabad temple but in each and every temple of the villages, devotees render their ardent services to the deities of the temple. It is very difficult to take out time. We may keep on maintaining the atmosphere so that future generations also cherish the same feelings in their hearts. We can get everything else through money but it is very difficult to get Bhagwan. Bhagwan has granted us Anna, Dhan, Vastra, credit everything. Does anybody have any problem? If there is any problem it is of our temperament. Because after all everybody is a human being. Except Bhagwan none of us are different from each other. But it is important that we keep aside our temperament and step up the stairs of the temple. When a person takes out some time and renders his devout services, it is really great. For example this is a 100 rupee note and I touch it. Because without touching it fuel is not filled up.Haribhakta who has placed this note here would think ten times before giving it to his son. But here he has offered it without thinking for a moment. This money has got great value. Even the small currency coins of small denominations. which are no longer in vogue, have got great value. I keep aside the money of Haribhaktas because it is hard earned money of the devotees and this money is spent for Dev only. Just before some time, a devotee had given donation for 'Aangan'. One devotee showed me the receipt. Now this action is possible only when 'Aangan' is cherished with sense of belongingness. Our Sampradaya is known for such devout services only.

We always say and it has been said so

many times before that there is one Guru, there is one Bhagwan and He is sitting in this Simhasan. We need to grapple anywhere else. All of you know that this is not simply an idol image. ShreejiMaharaj Himself is present. If we remain ardent devotee of Dev, we need not worry about anything else. There is no need to do strive in futile. Do we have written Shloka No. 213 in 'ShikshaPatri'? did you notice Shloka No.213 in our six-seven generations? If all that has been stated in the 'ShikshaPatri' is followed, it would be more than enough. If we cannot follow everything, we may just remain under the directions and that is enough. Commentary of 'ShikshaPatri' has been given in ShikshaPatriBhashya and more commentary than that is given in 'Satsangijivan'. We are sitting here because Maharaj has established this seat. This Dev. saints, haribhaktas - we may cherish ardent affection with them and lead our life. This place (seat of Acharya) has importance. Sampradava would expand and develop as much as the importance of this seat of Acharya is preserved and maintained. You may come anytime at this place, on Poonam, Ekam or on any other day. Bhagwan would remain the same. Even the deity of your village is the same as is here. We would not get such Bhagwan once again. May ShreejiMaharaj grant all of us power and capacity to give similar atmosphere to the next generations.

Names of the saints who have shouldered the responsibility of performing vicharan in the villages were read over by H.H. ShriAcharyaMaharaj and told to increase a couple of villages. If something is left, attention may be drawn of us and of Kothar office. The feeling may not be cherished that the saints may reside in our

(Con. from page 19)

### **The Greatness of Nar-Narayan Dev**

- Written by: Dilip Khimji Halai (London, UK)

The names of 24 Avatars of Bhagwan, including Nar-Narayan Dev (the first human avatar) are mentioned in many Hindu and Sikh scriptures (Sri Dasam Granth Sahib).

Nar-Narayan Dev has immense divine qualities and powers, making him the perfect human being. The path to Akshardham and attaining Athyathik Kalyan can only be achieved by bowing and submitting oneself to the very feet of Nar-Narayan Dev. This is the reason Shri Swaminarayan Bhagwan chose to build the first Mandir and install the murti of Nar-Narayan Dev in Ahemdabad, India. We should remember the following commandment (Agna):

"I will keep Nar-Narayan Dev by force in the murtiand tie him with a rope in the form of love. So, please keep faith that the murti on paper is truly Nar-Narayan Dev. Knowing this, never leave a murti without having performed puja in the morning, after bathing, you should perform puja of bhagwan. Then, you should attend to your daily duties. As long as you follow the panchvartman, and perform puja of Nar-Narayan Dev, He will remain in this murti. This is my agna, which you all should believe with firm faith" (Vachnamrut, Gadhada Pratham 48)

"It is my wish that all Haribhaktas receive a murti of Nar-Narayan Dev printed on paper for you to perform puja. This puja is accepted by all shastras."

(Vachnamrut, Gadhada Pratham 28)

Just like a dog is obedient, submissive and loyal to his master for the rest of his life, we should have the same loyalty and love to Bhagwan to be considered as Nar-Narayan Dev nauWafada. Loyalty and love for Nar-Narayan Dev can develop and grow in many ways (from your actions and thoughts) including:

- Be a good human being by showing your good qualities and eradicating the bad qualities
- 2. Be close and involved in activities with those close to Nar-Narayan Dev

I was once asked by a friend:

"Who is your Ishtadev?"

I replied, "Nar-Narayan Dev"

He looked at me with a quizzical expression and said, "I thought Swaminarayan Bhagwan was your Ishtadev?" "He is...as is Nar-Narayan Dev", I replied.

I explained, there is absolutely no difference between Shri Swaminarayan Bhagwan and Nar-Narayan Dev...they are the same!

"...that same Shree Krishna Bhagwan took birth as Shree Nar-Narayan from Dharma and Bhakti. Therefore, realising this Shree Nar-Narayan to by my svarup, I have installed his murti for the first time here in Shree Nagar. Therefore no one should perceive even the slightest difference between Shree Nar-Narayan and myself. It is he who is the dweller of Akshardham."

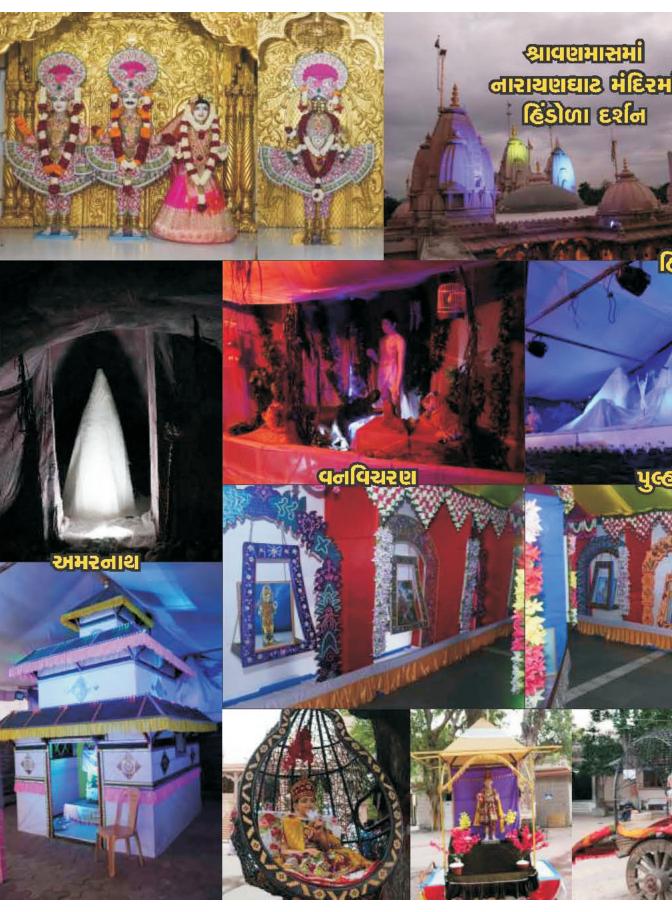
(Vachnamrut, Ahmedabad 6)

The qualities, power and energy that radiate from Nar-Narayan Dev are also present in his chosen representative and son here on earth, His Holiness Acharya

### પવિત્ર શ્રાવણમાસમાં દેશ-વિદેશના આપણા મંદિરોમાં હિંડોળા દર્શન



આશપુર રાજસ્થાનના એમ.એલ.એ.૩૫૦ કિ.મી. ચાલીને જેતલપુર શ્રી રેવતીબળદેવજી હરિકૃષ્ણ મહારાજના હિંડોળાના દર્શને પધાર્યા ત્યારે તેમનું સ્વાગત કરતા સંત હરિભક્તો









मेरिया = समहावाह

माहोडधुर शिंधरी

Shri Koshlendraprasadji Maharaj, Bhavi Acharya Shri Vrajendendraprasadji Maharaj and His Holiness Nivrut Acharya Tejendraprasadji Maharaj.

- માટે સહું ધર્મકુળ માનજો, સહુ કરજો એની સેવ I અન્ય જન જેવા એહ નહિ, એ છે જાણજો મોટા દેવ II ૧ II એક બ્રાહ્મણને જાણો ભક્ત અતિ, વળી કા'વે અમારું કુળ I એને સેવતાં સૌ જન તમો, પામશો સુખ અતુળ II ૨ II મનવાં છિત વાત મળશે, વળી સેવતાં એનાં ચરણ I એ છે અમારી આગન્યા, સર્વે કાળમાં સુખ કરણ II ૩ II મન કર્મ વચને માનજો, એમાં નથી સંશય લગાર I એહ દારે મારે અને કનો, આજ કરવો છે ઉદ્ધાર II ૪ II

"Mate saudharmkulmanjo, saukarjoenisev Anya janjeva eh nahi, eh chejanjomota dev ||1|| Ek Brahmin janobhaktati, varikaveamarukul Enesevtasaujanntamo, pamsho such atur ||2|| anvanchitvaatmalshe, varisevtaenacharan Eh cheamariagna, sarvekaalma such karan ||3|| Mann karmvachanemanjo, ema nathisanshaylaghaar Eh dvare mare anekno, aajkarvocheudhaar" ||4||

(Nishkulanand Kavya, Purshottam Prakash Prakaan 40)

They have the power to burn all our paaps and re-write our karmas built up over millions of previous births, turn stone into living flesh and guide us directly to the path of Salvation (Moksha).

All this is possiblebecause of the greatness of Nar-Narayan Dev...

#### Con. on page 13

village for all these days. Because villages are increasing with the development and nourishment of Satsang. If you ask these devotees wearing turban, they would tell you that their forefathers used to sit in the temple and perform Katha-Vartaorwould perform reading of Vachanamrit or Satsangijivan or Satsangibhushan. It is our responsibility and of the saints of nourishment and development of Satsang but in fact in it is the collective responsibility of all of us. Every week, two new projects come up and new temples keep on being developed.

May Shree Narnarayandev grant blessings to all of you. Look at these old temples. We can perform Darshan of Dev while sitting here. A number of Kathas have been performed in this SabhaMandap. So many devotees have performed Bhajan while sitting here and we have got an opportunity to sit here. Saints have shouldered the responsibility of the villages and all praise to these saints. Haribhaktas

may also equally take care of the saints. This Satsang, Dev, saints, Haribhaktas all may live together. And it is prayer at the lotus like feet of Shree Narnarayandev that, all may get blessings and happiness in their lives.

On this occasion, H.H. ShriLaljiMaharaj in the blessings explained the importance of Shree Narnarayandev and told that Guru of all of us and parents of all of us is Shree Narnarayandev and we all are happy due to Him only. And it is prayer at the lotus like feet of Shree Narnarayandev that, our bhakti and Nishtha may keep on increasing.

At last though H.H. ShriMotaMaharaj was not in the Sabha, His words are absolutely necessary to be referred to on this occasion of Guru Purnima. In Sampradaya, those saints and devotees who consider ShreejiMaharaj and Shree Narnarayandev as different from each other may be considered as Vimukh from Sampradaya and Katha may not be heard





# શ્રી સ્વામિનારાયણ મ્યુઝિયમનાં દ્વારેથી....

# Branches of Neem tree of Prasadi at the residence of Ghela Joshi in Muli

Bhagwan Shree Swaminarayan incarnated on this Earth alongwith Muktas from Akshardham for the emancipation of Jeevs. Some of these Muktas accepted Dehdharma of saints, haribhaktas, ladies devotees, kings, trees, rivers etc.

Now we cannot perform divine Darshan of the people who have seen Shreeji Maharaj. But there are still the trees who have been blessed with the divine touch of Shreeji Maharaj. Khijdo of Gadhda, Borsali of Jetalpur, Bordi of Rajkot are some of such examples.

Over a period of time, these trees also get destroyed gradually. But we do get divine Darshan of their remnants and parts and that is our luck. People of the world go to Italy to see Mummies situated there – which are the dead bodies of the persons whom we do not know and are not our relatives also!

As regards the trees who have been blessed with the divine touch of Sakshat Purushottam Narayan, one cannot perform divine Darshan of their remnants or parts without luck. Nand saints used to offer Vartaman and make such trees devotees!!! Really great are the noble feelings of the saints and Jeevs of such trees who were blessed so much.

Once during vicharan in Muli Bhagwan Shree Swaminaryan had graced the house of devotee Ghela Joshi and had kept His Zoli hanging on one of the branches of the Neem tree situated in the verandah! Meals are being offered even today from this Zoli in Muli. By hanging Zoli, Shreeji Maharaj had told the devotee, "Now I am sitting here only." Shreeji Maharaj is present even today in our Muli temple.

We can perform the divine Darshan of the branch of the Neem tree upon which Shreeji Maharaj had hanged Zoli in Hall No.4 of our Shree Swaminarayan Museum. We can perform the divine Darshan of that branch of Prasadi which had preserved that Zoli and we get excited. So all the Haribhakas may perform its divine Dashan and may cherish the example set forth by Shree Hari.

- Prof. Hitendrabhai Naranbhai Patel

### List of devotees who rendered their services under Shree Swaminarayan Museum Maintenance Bhet Yojna-August-18

Rs.2,50,000/-	Charan Bhet received by H.H. Shri Mota Maharaj during vicharan in Australia.
D 4 54 000/	333 333 333
Rs.1,51,000/-	On the occasion of Pancham Tithi on Ashadh Vad-4 of Akshar Nivasi Shri
	Nandlalbhai Kothari (Bhalja Mandal) Ahmedabad by haribhaktas cherishing
	ardent faith.
Rs.1,00,000/-	Devotee Shri Vishram Gopal Pindoriya, devotee Shri Kantibhai Vishram
	Pindoriya, devotee Shri Pushpaben Kantibhai Pindoriya, Shri Dhruv
	Kantibhai Pindoriya, Jilpaben Dhruv Pindoriya and Hiralben Kantibhai
Do 11 000/	Pindoriya – Madhapar (Kachchh – At present Australia)  Thokker Provinshoi Appredii Vecentiben Cheberi – Phui (Kachchh) through
Rs.11,000/-	Thakkar Pravinbhai Anandji, Vasantiben Chobari – Bhuj (Kachchh) through
D. 44 000/	Sankhyayogi Nitaben.
Rs.11,000/-	H.H. Shri Laxmiswaroop Mota Gadiwala.
Rs.10,000/-	Akshar Nivasi Pankajbhai (Montubhai) Dashrathbhai Patel through
D 40 0004	Khodidas Chaturdas Patel family – Kundal.
Rs.10,000/-	Atul Bhanuprasad Pothiwala-Ahmedabad.
Rs.11,000/-	Chirag Dineshbhai Solanki on the occasion of obtaining job in Madras Velco
	Co. – Memnagar.
Rs.5,100/-	Hardik Dineshbhai Solanki (Lavjibhai Solanki) – Memnagar.
Rs.5,001/-	One haribhaktas – Chuda, Dist. Surendranagar.
Rs.5,000/-	Kandiya Kanjibhai Narayanbhai, Rajkot through Tejeshbhai – Bopal.
Rs.5,000/-	Minaben K. Joshi – Bopal.
Rs.5,000/-	Amrutbhai Sendhabhai Patel (Kundalwala) – Ahmedabad.
Rs.5,000/-	Hasmukhbhai Somabhai Patel-Marusana

## List of Host devotees who availed the benefit of Abhishek of Shree Narnarayandev in Shree Swaminarayan Museum August-18

01/08/2018 10/08/2018	Patel Naranbhai Shivabhai through Sanjaybhai and Nitinbhai – Mehsana. Toronto temple – Canada.
12/08/2018	Shri Mahila Mandal Swaminarayan temple (ladies devotees ) Balasinor inspiration
	by Sankhya Yogi Rajkunvarba and Ushaba – Darbargadh Morbi.
15/08/2018	Shri Narnarayandev Yuvak Mandal, Mehsana – through MBhanubhai, Ajaybhai,
	Pravinbhia, Miteshbhai, Bharatbhai and Pravinbhai.
	(afternoon) Shree Swaminarayan temple, Kalupur through Arunaben.
17/08/2018	Shri Sumeshbhai Patel – Boston.
18/08/2018	Shanabhai Shankarbhai Patel – Ghatlodiya through Virendrabhai S. Patel
19/08/2018	Shree Swaminarayan temple (ladies devotees) Viratnagar through Sankhya Yogi
	Ranjanba and Naniba- Viratnagar.
24/08/2018	Kiritbhai Gokaldas Patel – Lavarpurwala.
26/08/2018	One Haribhakta – Halvad-Ahmedabad Sankhya Yogi Ba – Morbi

Instruction:- On every pious day of Punam, H.H. Shri Mota Maharaj shall perform aarti in the morning at 11.30 hours in Shree Swaminarayan Museum.

10 gram, 20 gram, silver coins of Shree Narnarayandev are available at Shree Swaminarayan Museum for offering it on pious occasions and for personal preservation.

### SHREE SUJAMMARAYAM



SATSANG BALVATIKA

Compiler Shastri Harikesavdasji (Gandhinagar)

# IMPORTANCE OF CHARANARVINDShastri Haripriyadasji (Gandhinagar)

Children friends! Today I narrate you a beautiful interesting story. It is about Sarangpur. Bhagwan Shree Swaminarayan was sitting in the room of Jiva Khachar, Mahanubhavanand Swami came there from Gujarat performed Dandvat pranam. The moment swamiji tried to touch Charanarvind, Maharai withdrew Charanarvind. Swami asked whether Maharai is offended in any way? I have left home in order to render services to this Charnarvind only and for that only we have been tolerating all tortures of this world. People abuse us, drive us out of the village, tear away our Zoli and we have been tolerating all this. For what? To render our devout services to this Charnarvind only. So Hey Merciful! Why today You have been withdrawing them? Now Bhagwan gives the reply.

Swami! Listen. There was a pilgrim. He was going from one village to another. He was performing Yatra. One day he was very much exhausted. It was the evening time. He reached at one village. There was big shop of a bania. It was night and the customers stopped coming to the shop. So the bania closed the shop and went to his house which was inside of that shop. The pilgrim that this Otlo of the shop is a nice place and thought about spending a night there. He cleaned the place and slept there

for the whole night. In the morning he woke up and knocked the chain hanging at the door of the house. The bania woke up, asked the reason for knocking and also asked the reason for becoming angry. The pilgrim asked the banis to pay him the charges of cleaning the outside space of the shop. The pilgrim demanded gold as his remuneration. The Bania replied him that, in fact he allowed him to spend the night. So in stead of expressing gratitude, how can he demand gold? The bania thought that this pilgrim needs to be taken to a psychiatrist for mental check up. How can the labour charge of cleaning a portion of the shop be the gold?

Swaminarayan Bhagwan told, "Mahanubhavanand Swami! You thought that our shelter is the place of happiness and rest for you and you tolerated some tortures and inconvenience and left your home and tolerated humiliation and now you have been asking renderings service of Charnarvind! So demanding this service in lieu of whatever you have tolerated or suffered is like demanding gold for cleaning the shop."

Shreeji Maharaj told, "Swami! You may be knowing that for rendering service to this Charnarvind, great Yogis, Maharshis, Tapasvis have turned into clay house. Great Rishis like Saubhari and Chyavan have performed Tapascharya of thousand years and yet this service is not available even after spending the whole life of Tapa-Sadhna.

Mahanubhavanand Swami agreed in not demanding the service of Charnarvind and acknowledged that his belief was his mistake.

Thereafter, Shreeji Maharaj stretched Charan and offered the services to Mahanubhavanand Swami. With smiling face, Shreeji Maharaj told that those who would render services to such a saint – who is Mukta in previous life – would get

emancipation in his life.

"સંત સેવ્યા તેણે સર્વે સેવ્યા, સેવ્યા શ્રીહરિ ભગવનઃ, ઋષિમુનિ સેવ્યા દેવતા, જેણે સંત કર્યા રાજી મન."

Bhagwan has stated, "Those people who render services to such a selfless and pious saint would get all divine happiness of life. Friends! How beautiful is this story! So we may remember in our life that, Bhagwan has bestowed upon us so many blessings and therefore we have got Shree Narnarayandev, Acharya Maharaj, saints and this divine Satsang in our life. So we may perform bhajan-bhakti and render our devout services without expecting anything and this is our duty.

# ONLY COURAGEOUS RECEIVE HELP OF SHREE HARI

- Narayan V. Jani (Gandhinagar)

Sangh Shakti Kalau Yuge..... In Kaliyuga, there is power in Unity. Everything that has been done as a team certainly gives success. For the success of the association, unity among all its members plays a very important role. Any organization, when it begins any work with unity of its members, gets help from Bhagwan and ultimately gets success also. Let us read this story which also teaches us something new similar to this idea.

In all types of love of this world, love of mother is the best. Children! Your mother also loves you all. And how pleasing is affection of a mother! Isn't it? It is not only in human beings. This is true even in animals and birds. If any body tries to catch the child of a bird, mother bird starts screaming and flying around the child bird for its protection.

Though birds do not have hands, and yet before laying eggs, they prepare a nice nest to live for the baby birds and takes utmost care after laying the eggs.

You may have heard the name of Titodi among the birds. One couple of Titodi

was residing at the seashore. The couple was very satisfied and happy and joyous. Both of them were residing with utmost love and affection. But they used to fight with each other on one issue. The reason was that the waves of the sea used to drag the eggs when both of them would go away in search of food. This had happened not once but two-three times. And so female Titodi asked to go somewhere else to reside. But the male Titodi liked the nest prepared at the sea shore so much that, he was not ready to leave that house. The female Titodi was worried about the eggs and this was the matter which created quarrel between them. This time, the female Titodi was very angry and wanted to go somewhere else. But the male Titodi asked her not to get frightened and that this time the sea waves would not disturb them. Listening to these words of male Titodi, the female Titodi became calm.

This time, when both of them returned after searching the food, the eggs were not found there. The female Titodi became very angry and shouted at male Titodi and asked him to bring back the eggs even while fighting with the sea otherwise she would drown herself into the sea.

The male Titodi calmed down here and started requesting the sea to return them their eggs. But the proud sea would not listening to the ardent request of the bird. The sea asked the bird to do anything it wanted, as he would not return the eggs.

Listening to such words, male Titodi became very angry and he called all other Titodis of the community, all of them discussed the matter and decided to give a tough fight to the sea unitedly. It was unanimously decided, to fill up the sea with the stones.

The mission started and all the birds started bringing small and big stones in their beaks and started dropping the

(Con. from page 26)



(FROM THE BLESSINGS OF H.H. SHRI GADIWALA ON THE OCCASION OF SATSANG SABHA OF EKADASHI IN KALUPUR TEMPLE HAVELI) 'BESIDES OTHER NIYAM ALSO STUDY NIYAM OF PERFORMING 'DHYAN'

### - Compilation by Kotak Varsha Natwarlal of Ghodasar

People take those 'Niyams' which can be observed very easily. But in fact such Niyams should be observed which look a bit difficult at first instance and which are different from routine Niyams. What is most difficult? To perform 'Dhyan'. Dhyan cannot be performed so quickly and so easily. What is the reason for that? So when we perform Darshan, we do it like a squirrel. If you look at the squirrel. Its attention is everywhere. It looks all around and is conscious of everything in its surroundings. Similarly while performing divine Darshan of the idol images, our attention is also towards others. Who is behind us? who is pushing us? We do keep all these things in our mind. And so when we sit to perform Dhyan, alongwith the idol image we see everything else. Why 'Dhyan' is necessary? With the help of Dhyan our Vasana is subdued and cured of. Because our Vasana lying inside our body never goes away till our death. 'Vasana' and 'Atma' never get separated from each other. This is possible through Dhyan' only. If 'Vasana' to the extent of the hole of a needle is left inside us, we cannot get 'Mukti'.

In Shloka-115 of 'Shiksha Patri' Shreeji Maharaj has stated that Shree Krishna Bhagwan and incarnations of Shree Krishna Bhagwan are worthy to be performed Dhyan. And so Dhyan of these idol images may be performed. But no any

human being howsoever ardent he may be in his devotion is worthy of Dhyan. So we have to be very much careful and we should perform Dhyan of Bhagwan only.

Even in Vachanamrit Shreeji Maharaj has told, "One should perform Dhyan of Shree Krishna Bhagwan with Radhikaji." Then a question may arise in the mind of many people whether one cannot perform Dhyan of anybody else except Bhagwan. Ekantik Muktas of Shreeji Maharaj may be considered in place of Radhikaji and these Muktas are also given the simile of Radhikaji and Bhagwan is always there with His Ekantik Bhaktas.

And thereafter, it has also been stated that, "Dhyan should be performed continuously even if we cannot see idol image in our heart and should not abandon 'Dhyan'." We should make efforts and we should continue our efforts. Just as a sparrow makes efforts to make a nest with every tiny straw. Likewise, with the help of all the tools of Dhyan made available to us, we should make efforts to advance and progress. Now which are the tools of Dhyan? Eight Yogas mentioned in Ashtang Yoga and 'Dhyan' comes at number seven. So in order to succeed in this seventh step. let us secure first six steps. The first step is 'Yama'. What constitutes Yama? Satya, Ahimsa, Asteya, Brahmcharya, Aparigruha

- (1) Satya means a statement supported by Dharma and which is beneficial for all and such a statement is known as 'Satya'.
- (2) Ahimsa means not to disturb or harass anybody through mind, words and action. This is known as 'Ahimsa'.
- (3) Asteya means wealth of others may not be grabbed indirectly or by force.

### SHREE SUJAMMARAYAM

- (4) Brahmcharya means Tyag of man by woman and of woman by man of eight types capable of granting Brahmadham is known as 'Brahmcharya'.
- (5) Aprigrah means not to store anything thinking about self only.

Second comes 'Niyam'. What constitutes 'Niyam'? Sauch, Santosh, Tapa, Swadhyay and Ishwarpranidhan constitute Niyam.

- Sauch means two types of purification inner and outer.
- (2) Santosh means to remain satisfied in whatever is received with the desire of Bhagwan.
- (3) Tapa means exploitation of body through vratas like Chandrayana – and this is outer tapa. In Abhyantar Tapa our indrivas are to be controlled and not to give everything to the mind, tapa of Vaani.
- (4) Swadhyay means study of the scriptures.
- (5) Ishwar Pranidhan means Chintavan of Shree Hari with mind and Vaani and stuti and poojan with our body.

'Aasan' is the third step of Yoga. There are various types of aasans. The chief one is Pranayam which means control over our breathing. There are three steps in Pranayam – Purak, Kumbhak and Rechak. In Purak, we have to breathe in, in Kumbhak we have to hold breathe and in Rechak we have to release our breathe.

Thereafter comes 'Pratyahar'. Which means to detach our Indriyas from the outer world and to direct them towards Atma by making them Anasakta. To keep all our Indriyas squeezed inside us like a tortoise. To keeping everything in control. Not to speak much, not to eat much and thereby to get freedom from the bondage of Indriyas.

Thereafter comes 'Dharana' which means concentration with determination. To stabilize our mind with Pran in idol image of Bhagwan is known as 'Dharana'. Kul of Dharana is siddhi of Dhyan.

With the study of six steps including

Yama, Karma-doshas are reduced. It is not easy to get Bhagwan after sitting to perform Dhyan just like we do not get degree of graduation of college education after taking admission in a school for education. In spiritual world, one has to work hard to obtain Parmatma. However, it is possible but we have to study hard.

Just as we put in all our efforts until we get something we want and sometimes stretch ourselves physically and mentally both in order to obtain such things and by hooks or crooks we obtain such things. We do not abandon our efforts in achieving our goal of worldly life. Similarly, we should keep on making efforts and study daily to obtain Bhagwan.

One Niyam may be observed by all that, there should not be tears in the eyes of others due to us. First of all, we have to become good human beings. It is futile if there are tears in the eyes of others due to

### YOGA – KEY OF HEALTH - Thakkar Vinaben Narendrabhai (Bopal)

Yoga is an ancient heritage of India due to which there is physical, mental and spiritual development of human beings. Yoga does the work of controlling the uniformity of body, rhythm of breathing and thoughts of the mind. Yoga is the physical exercise of the body, it is the regulation of the mind and arrival of spirituality. And so on 11 December 2014, announcement was made to celebrate 21. June as the International Yoga Day. In short it is known as IDY. As a part of it, Yoga-shibirs are conducted at various places across the world. People participate in it for preserving their health. Yoga is necessary to preserve our health.

Today human beings do not have time in their life. They have wealth and money but they do not have peace of mind and in order to peace our Rishi Munis used to go to the forest to perform Tapa-

Sadhana for thousands of years. By performing Pranayanm and by chanting Mantras and by performing with genuine heart feelings they used to live a healthy long life.

In Chapter-30 of Bhakta Chintamani it has been stated:

રહ્યાં ગોપાળચોગીને પાસ રે, કર્યો ચોગશાસ્ત્રનો અભ્યાસ રે ! કાવે જે કોઈ અષ્ટાંગ ચોગ રે, શિખ્યા જેથી મટે ભવરોગ રે !! મોટી બુદ્ધિવાળા ઘનશ્યામરે, શિખ્યા ચોગ અંગ કહું નામરે ! ચમ-નિચમઆસન જેહ રે, પ્રાણાચામપ્રત્યાહાર તેહ રે !! ધારણા વળી ધ્યાન જે કહીએ રે, આઠમું અંગ સમાધિ લઈએ રે !!

Shreeji Maharaj had teach art of Yoga to everybody while residing in Loj. This is also described in Chapter-44 of 'Bhaktachintamani'. Just as physical exercise is necessary for the body, Yoga is necessary for the mind.

Due care in meals, regularity in sleep, control over tongue, positive thoughts, non-violence, and observing Yama-Niyama are inevitable in Yoga.

By performing Yoga while chanting Mantra of Ishtadev grants us internal strength to our intellect so that we get power to take correct decision in critical situation of life. We can remain stress-free and we can be free from all diseases. By regulating our breathing, we can develop our physical beauty and mental strength.

### 'મનુષ્યાણોનામ્ બંધન મોક્ષયો કારણ.'

That means human mind only is responsible for Moksha or Bandhan. And therefore, to increase the importance of health, and to create awareness in the society in this regard are the duties of every human being. Which remind us of 'IDY 21 June'.

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#### Con. on page 23

stones into the water of the sea. But can the sea be dried up with the stones! In stead of being merciful, the sea started making joke of their efforts. But the birds did not lose courage and they continued their work with double energy. The activity of the birds was going on in full swing. At that time Bhagwan Vishnu was passing by on his vehicle Garuda. Looking this scenario, Bhagwan directed Garuda to help the birds to remove the woes of Titodi.

Garuda was the king of the birds. How can a king tolerate the unhappiness of his subject! Upon receiving the directions of Prabhu, Garuda became ready and started lifting huge mountains and throwing them into the sea. After some time, the sea was started being filled up with the stones and mountains. When the sea came to know that Garuda has been helping these birds, it got frightened and ran immediately to Garuda and begged his pardon and returned the

eggs to Titodi. Thereafter Garudji stopped throwing mountains and huge stones.

Friends! You may not be knowing but there are huge mountains and stones at the bottom of the sea and they are thrown by Garudji only. Looking at the tireless efforts of Titodi and other birds, Bhagwan directed Garudji to help them and Garudji started helping these tiny birds who were making efforts in unity. With the help of Garudji these small birds could defeat the huge ocean.

So dear children friends! If you do anything in right direction with unity and with noble intention, and would perform genuine hard work, help of Bhagwan would be added to it and with such a divine help and assistance you would secure success in your life. Our Brahmanand Swami also says, "જો હોય હિંમત રે નરને ઉરમાંહી ભારી, દઢતા જોઈને રે તેને મદદ કરે મોરારી."



#### Grand Hindola Darshan in the pious company of Shree Narnarayandev in Shree Swaminarayan temple, Kalupur, Ahmedabad

With the blessings of Bharatkhand Rajadhiraj Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Acharya Maharaj and the whole Dharmkul and with the inspiration of Sadguru Mahant Shastri Swami Harikrishnadasji and in the pious company of Shri Narnarayandev grand Hindola of dry fruits, fruits, chocolate, Pavitra, flowers etc. were offered to Thakorji. Many ardent devotees rendered the services as the host devotees of Hindola. During all these pious occasions, Swami Haricharandasji (Kalol), Bhandari J.P. Swami, Kothari J.K. Swami, Bhakti Swami. Shastri Naravanmuni Swami and staff of Kothar had rendered beautiful services. (Chetan Jangle - Kothar office)

On the occasion of Katha in Shree Swaminarayan temple (old) Morbi Saujanya Bhet to life members of 'Shree Swaminarayan' magazine

With the directions and blessings of H.H. Shri Laxmiswaroop Gadiwala and with the inspiration of Sankhya Yogi Rajkunvarba and Ushaba rendering services in Shree Swaminarayan temple (old) Morbi, 15 members of 'Shri Swaminarayan' magazine had been offered 50% discount and this service was rendered by devotee Shri Manojbhai Uliyawala family. H.H. Shri Lalji Maharaj is very much pleased and has blessed the devotee. (representative Anil Dudhrejiya – Dhrangadhra)

Shree Swaminarayan temple Approach (Bapunagar) Katha and Hindola Darshan

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Acharya Maharaj and the whole Dharmkul and with the

inspiration of Mahant Swami Laxmanjivandasji, Shrimad BhagwatSaptah Parayan was organized from 12/08/2018 to 18/08/2018 with Kothari Swami Harkrishnadasji as the spokesperson. Devotee Shri Ialjibhai Punabhai Dobariya and devotee Shri Mansukhbhai M. Sheladiya rendered the services as the chiefhost and co-host respectively. All utsavs during katha were celebrated with great fervor and enthusiasm. On the last day 03 hour Shree Hari Nam-smaran Dhoon was performed. Therafter all devotees were offered Bhojan-prasad by the host devotees. H.H. Shri Mota Gadiwala had graced the temple (ladies devotees) and blessed all the ladies devotees.

From 29/07/2018 to 28/08/2018 various types of artistic and electronics Hindola Darshan was offered and a very useful exhibition was also organized wherein exhibition on environment, grow trees, freedom from addication, train of Akshardham etc. topics was organized whose divine Darshan was performed by thousands of Mumukshus. On this occasion, Shree Narnarayandev Yuvak and Yuvati Mandal had rendered beautiful services. (Gordhanbhai V. Sitapara)

Shrimad Satsangijivan Parayan in Shree Swaminarayan, Bopal

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Acharya Maharaj and the whole Dharmkul Shrimad Satsangijivan Ratriya Saptah Parayan was organized from 13/08/2018 to 19/08/2018 with Sadguru Shastri Swami Dhyanpriyadasji (Bavla temple) as the spokesperson. Devotee Shri Govindbhai and Shri Ratibhai the sons of devotee Shri Khimjibhai Bhagwanbhai (Medawala) had rendered the services as the host devotees of this Parayan.

During the pious Purushottam Maas, Katha of this Granth was organized in Haridwar by Shree Swaminarayan temple, Bopal, Bavla and Vanzar. Accordingly with the Sankalp of the host devotee family, devotees residing around all these three temples had availed the benefit of Katha-Shravan.

During Parayan, Mahant Shastri Swami Harikrishnadasji of Kalupur temple and Vrajvallabh Swami of Muli etc. saints had arrived.

Saint Dharmsutpriyadasji of the temple and saints of Bavla temple had performed beautiful Kirtans of nand saints. Kothari

devotee Shri Amrutbhai Patel and other devotees Shri Arvindbhai, Shri Navinbhai, Shri Rajubhai, Shri Vipulbhai, Shri Mahendrabhai and Shri Narnarayandev Yuvak Mandal had beautiful services for Prasad (Faral) at night and Bhojan-prasad on the last day. (Pravin Upadhyay)

#### **MULI DESH**

Shree Swaminarayan temple, Ranjitgarh

With the blessings of Mulidham Nivasi Shree Radhakrishnadev Harikrishna Maharaj and with the directions and blessings of H.H. Shri Acharya Maharaj and the whole Dharmkul and with the inspiration of the saint Sadguru Swami Bhaktiharidasji of Ranjitgarh temple, Guru Purnima Utsav was celebrated with great fervor and enthusiasm on 27/07/2018. In the Sabha poojan of photo-image of H.H. Shri Acharya 1008 Shri Koshalendraprasadji Maharaj was performed by the saints-devotees.

Swami had beautifully explained that Dharmvanshi Acharya Maharaj and our Acharya Maharaj of the tradition established by Bhagwan Shree Swaminarayan has offered and sacrified their lives for Satsang. Dev, Acharya and Shastra – three Gudh Sankalps of Shree Hari is our wornderful tradition. And our Vedic Guru tradition was also explained. At last all haribhaktas availed the benefit of Prasad. (representative Anil Dudhrejia – Dhrangadhra) Shree Swaminarayan temple, Dhrangadhra

With the blessings of Mulidham Nivasi Shree Radhakrishnadev Harikrishna Maharaj and with the directions and blessings of H.H. Shri Acharya 1008 Shri Koshalendraprasadji Maharaj and the whole Dharmkul, Satsang Sabha is being organized regularly by our Shree Swaminarayan temple, Dhrangadhra on every Monday at the houses of devotees by way of rotation.

Accordingly Sabha was organized on 20/08/2018 at the house of the devotee Shri Natubhai Poojara wherein Swami Dharmjivandasji and Bhaktihari Swami the saints of Muli temple had performed Katha-Varta, Dhoon-Kirtan etc. whose benefit was availed by about 500 devotees. The sabha was conducted by Vishwavandan Swami. (representative Anil Dudhrejiya – Dhrangadhra)

Satsang Sabha in Shree Swamianrayan temple (old) Morbi

With the blessings of Mulidham Nivasi Shree Radhakrishnadev Harikrishna Maharaj and with the directions and blessings of H.H.

Shri Acharya 1008 Shri Koshalendraprasadji Maharaj and H.H. Shri Laxmiswaroop Gadiwala and with the inspiration of Sankhya Yogi Rajkunvarba, Sankhya Yogi Ushaba and their disciples, beautiful Mahila Satsang Sabha was organized on 28/07/2018 in the memory of Akshar Nivasi Muktaben the mother of ardent devotee of Shree Narnarayandev, Ahmedabad and Shree Radhakrishnadev of Mulidham and Dharmkul Shri Manojbhai Chandulal Dayaljibhai ranpara (Uliyawala). About more than 500 ladies devotees availed the benefit of Katha-Varta.

It was explained through a short film how ardently devoted was the family of Akshar Nivas Muktaba towards original sampradaya and Dharmkul and how wonderful is the place of mother in their family. The sabha was conducted by Anil Dudhrejiya. (representative Anil Dudhrejiya – Dhrangadhra)

**OVERSEAS SATSANG NEWS** 

Celebration of Dwidasabdi Mahotsay of Shree Swaminarayan temple, Itaska (Chicago)

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Achayra 1008 Shri Koshalendraprasadji Maharaj, H.H. Shri Mota Maharaj, H.H. Shri Lalji Maharaj, H.H. Shri Laxmiswaroop Gadiwala and the whole Dharmkul, Dwidasabdi Mahotsav of Shree Swaminarayan temple, Itaska (Chicago) was celebrated with great fervor and enthusiasm with the inspiration and guidance f Mahant Shastri Swmi Yagnaprakashdasji of the temple, Poojari Swami Shantiprakashdasji, Shastri Swami Bhaktinandandasji (Jetalpur).

As a part of this Mahotsav, 200 hour Mahamantra Dhoon, Mahapooja and Sabha were organized on pious day of every Ekadashi and Poonam. Moreover Shree Vishnu Sahastra Naam Mahayagna was also organized on the occasion of Shree Swaminarayan Mahamantra Lekhan Book Large number of devotees used to come to the temple for divine Darshan in the morning and evening. On this occasion beautiful marble renovation was got done in inner temple, Sabha Mandap, area around throne and kitchen and residence of the saints. As a part of this celebration, Shrimad Satsangijivan Parayan in the morning and evening, Pran Pratistha of Riddhi-Siddhi mata, New Shikhar-Kalash for temples of Shree Ganeshji – Shree Hanumanji,

Rajopchar of Thakorji with rose petals, cultural programme, Rangotsav, Samhita Path, Dharmkul Poojan, Saint Poojan, Hindola Darshan, Chhapan Bhog Annakut for all the nine days, Mahabhishek, Blood donation services, Mahaprasad distribution by Yuvak Mandal in the morning and evening etc. were organized.

Devotee Shri Dahyabhai and Jasumatiben Patel (Sapad) rendered the services as the chief-host of this Dwidasabdi Mahotsav. Devotee Shri Keyurbhai Pankajbhai Patel (Vadu) family rendered the services as the chief host of Parayan. Many other devotees had rendered various types of services.

Mahant Shastri Swami Yagnaprakashdasji, Shastri Swami Bhaktinandandasji (Jetalpur) were the spokesperons of Shrimad Satsangibhushan Navanh Parayan. Suvrat Swami and Nilkanth Swami of Muli temple had performed beautiful Kirtan-Bhakti during Katha.

Many devotees from various countries had arrived on this occasion. Among the saints Shastri P.P. Swami (Jetalpur) etc.saints had arrived and narrated divine Leela Charitra of Shree Hari.

During this Mahotsav, Shree Narnarayandev Yuvak Mandal had celebrated 21 Prakatyotsav of H.H. Shri Lalji Maharaj by cutting the cake in the sabha in the pious company of H.H. Shri Acharya Maharaj, H.H. Shri Raja and H.H. Shri Lalji Maharaj and thousands of devotees.

H.H. Shri Lalji Maharaj had praised beautiful satsang activities of Yuvak Mandal and Satsang and had blessed them. At last H.H. Shri Acharya Maharaj had hailed the services rendered by the saint mandal of the temple, devotees who had arrived from various countries across the world, donors, volunteer devotees, members of Kitchen Committee etc. and blessed them. Moreover, new 'Devasya' project of I.S.S.O. meant for the future generations was also organized on this occasion and all the devotees were requested to render their services for the project the way they can

New publication of Chicago temple 'Haribhaktas of the time of Shree Hari' and souvenir covering the history of the last 20 years of Chicago temple were released by H.H. Shri Acharya Maharaj and H.H. Shri Lalji Maharaj and all the devotees who rendered

their beautiful services on this occasion were honoured. At last devotee Shri Jagdishbhai Patel President of I.S.S.O.) had delivered the vote of thanks. (Vasant Trivedi – Chicago)

Grand Dasabdi Mahotsav of Shree Swaminarayan temple, Toronto (Canada)

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Achayra 1008 Shri Koshalendraprasadji Maharaj, H.H. Shri Mota Maharaj, H.H. Shri Lalji Maharaj and the whole Dharmkul and with the beautiful efforts of Brahmanistha saints and Haribhaktas, Dasabdi Mahotsav of Shree Swaminarayan Hindu temple Cultural centre, Toronto I.S.S.O. Canada was celebrated with great fervor and enthusiasm.

On 02/08/2018 Pothiyatra was organized in the beginning of Katha. From 02/08/2018 to 06/08/2018 'Shree Hari Smruti Kavya' Panchanh Parayan by ASadguru Nishkulanand Swami was organized with Shastri Swami Yogicharandasji and Shastri Swami Vrajbhushandasji as the spokespersons.

In the evening on 04/08/2018 cultural programme was performed by the children, youngsters and Satsangi ladies devotees wherein Vato of Jivuba and Laduba – Stri Ratnas of our Sampradaya, Krishna Bhakti Nritya, Hundi of Narsinh Mehta, Garba and 'Aangan' project – Sankalp of H.H. Shri Gadiwala were organized.

In the morning at 8.00 horus on 05/08/2018 Grou Mahapooja was organized in front of Thakorji which was got performed by Shri Virlbhai, Abhishek Bhagat and Ganpat Bhagat. In the evening H.H. Shri Acharya Maharaj graced the occasion of Canada arriving from Chicago alongwith P.P. Swami (Jetalpur).

On the pious day of Patotsav on 06/08/2018 in the morning at 8.00 hours H.H. Shri Acharya Maharaj performed Shodasopchar Mahabhishek of Shree Harikrishna Maharaj and poojan of Thakorji in the inner temple. After performing aarti of concluding ritual of Katha devotees and Haribhaktas performed poojan-archan aarti of H.H. Shri Acharya Maharaj in the Sabha. Poojan of saints was also performed. H.H. Shri Acharya Maharaj had performed Rajat-Tula of Shree Harikrishna Maharaj with the silver coins organized by the host devotees. On this

occasion, medals and trophies were offered by H.H. Shri Acharya Maharaj to the winner team, man of the match, best baller and batsman, empire, commentator, etc. of the ISSO Cricket Tournament organized by NNDYM (Narnarayandev Dev Yuvak Mandal).

H.H. Shri Acharya Maharaj had praised the activities of the youngsters and asked all the devotees and Haribhaktas to render their services in the development of temple and nourishment of Satsang and blessed for the progress and prosperity of the devotees. H.H. Shri Acharya Maharaj had also honoured the organizers, sponsors of cricket tournament, guests, dignitaries, media and young devotees and blessed them.

Beautiful Chhapan Bhog Annakut prepared by all the satisangi ladies devotees was offered to Thakorji and the host devotees had performed aarti of Thakorji in the pious comany of H.H. Shri Acharaya Maharaj. Various types of services rendered by Haribhakas and ladies devotees were very inspirational. At last the President Dashrathbhai Chaudhary had delivered the vote of thanks. Devotee Shri Rasikbhai Patel had conducted the Sabha very beautifully and efficiently. (Bhailalbhai Patel – Toronto)

**Guru Purnima Mahotsav in Chapaiyadham Parsipenny** 

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Achayra 1008 Shri Koshalendrăprasadji Maharaj, H.H. Shri Mota Maharaj, H.H. Shri Lalji Maharaj and the whole Dharmkul and with the inspiration of Mahant Swami of Parsipenny temple, Guru Purnima Mahotsav was organized very beautifully in the evening from 5.00 to 8.00 horus on Saturday on 28/07/2018 in our Chhapaiyadham Hindu Shree Swaminarayan temple. On this occasion Mahamantra Dhoon, Kirtan and Bhakti were performed in front of Thakorji and thereafter poojan of Photo image of H.H. Shri Acharya Maharaj was performed. Swamiji hád explained the importanceof Guru Purnima and tradition of Dharmvanshi Acharya maharaj Guru established by Shree Hari in Shreé Swaminarayan Sampradaya and Vedic tradition. Thé host devotees were honoured and at last Thaal, aarti, Niyam were performed in front of Thakorji and Prasad was offered to all the devotees. (Pravin Shah)

**Guru Purnima Mahotsav in Shree** Swaminarayan temple, Colonia

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Achayra 1008 Shri Koshalendraprasadji Maharaj, H.H. Shri Mota Maharaj, H.H. Shri Lalji Maharaj and the whole Dharmkul and with the guidance of Bharat Bhagat performing Sewa-pooja in the temple, Guru Purnima Mahotsav was organized very beautifully in the evening from 5.00 to 8.00 hours on 28/07/2018 in our Shree Swaminarayan temple, Colonia. On this occasion Shree Harinam Smaran, Kirtan and Bhakti were performed by the young devotees and thereafter poojan of Photo image of H.H. Shri Acharya Maharaj was performed alongwith the host devotee family.

Bharat Bhagat had explained the importance of Dharmvanshi Acharya Maharaj and Dharmkul in very simple style and language. Thereafter, host devotees were honoured. Thaal and Sayan aarti of Thakorii were performed and at last Prasad was offered to all the devotees. (Pravin Shah)

Shree Swaminarayan temple, Hyustan

With the blessings of Paramkripalu Shree Narnarayandev and with the directions and blessings of H.H. Shri Achayra 1008 Shri Koshalendraprasadji Maharaj, H.H. Shri Mota Maharaj, H.H. Shri Lalji Maharaj and the whole Dharmkul and with the beautiful support of poojari of Hyustan temple Shri Suvrat Swami and Mahendra Bhagat, grand Rath Yatra Mahotsav was celebrated in the evening on Saturday 14<sup>a</sup> July 2018. Saints and haribhaktas had decorated Rath very beautifuly. Shri Nitinbai Shukla chanted Sanskrit Shlokas and Thakorji was besitted on the Rath and Rathyatra was organized amidst Dhoon-Bhajan-Kirtan and reached at Ashtalaxmi temple. At last aarti of Thakorji was performed upon return of Rathyatra in our temple.

The host devotee family had availed the benefit of this divine occasion. Group aarti of Shree Hanumanji was performed and Shree Hanuman Chalisa –Janmangal Path were performed. The host devotee family was honoured on this occasion. At last Thaal was offered to Thakorji and all the devotees availed

the benefit of Prasad. (Pravin Shah)

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(1) On the Occasion of 10 Patotsav of temple of Tornto (Canada) H.H. Acherya Meheraj performing Poojan of Thakorji and granting divine Darshan alongwith the members of Yuvak Mandai. (2) Haribhaktas availing the benefit of divine Abhishek Darshan of Thakorji and Sabha on the occasion of 14th Patotsav of Leicester (U.K.) temple. (3) Saints and Haribhaktas performing Annakut aarti Darshan on the occasion of Boston (America) temple and celebrating 15th August. (4) Katha Parayan in Paraippany (America) temple during the plous Shravan Mass. (5) Ladies devotees performing Katha-Parayan in Diyodar temple during the plous Shravan Mass.

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